Tech Award in Sport – Ace Your Exams

LATIMER
SPORT

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Overview

The Tech Award in Sport gives learners the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts.

Learners will have the opportunity to develop applied knowledge and skills in the following areas:

- investigating provisions for sport including equipment and facilities to enhance sport
- planning and delivery of sport drills and sessions
- fitness for sport including fitness testing and methodology.

Assessment in BTEC Sport

3 Components

1. Preparing participants to take part in sport and physical activity	2. Taking part and improving other participants' sporting performance	3. Developing fitness to improve other participants' performance in sport and physical activity
Controlled Assessment and Leading a warmup	Controlled Assessment, Performance of practical skill and leading a coaching session	Exam Fitness components, testing, and Training Methods

Controlled assessments are assignments that will be completed under supervision in class. Pearsons (the exam board) will set a scenario that the assignments will be based on.

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Component 1 (Controlled Assessment) 30% of Final Grade

Component 1: Preparing Participants to Take Part in Sport and Physical Activity

Learners will explore the different types and provision of sport and physical activity available for different types of participants, barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity.

They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.

There are 3 Learning Outcomes

A. Explore types and provision of sport and physical activity for different types of participant
B. Examine equipment and technology required for participants to use when taking part in sport and physical activity
C. Be able to prepare participants to take part in sport and physical activity.

Component 2 (Controlled Assessment) 30% of Final Grade

Component 2: Taking Part and Improving Other Participants Sporting Performance

Learners will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.

Component 2 has a practical element where the students must demonstrate the ability to perform the skills in isolation and in a full game situation. Students will also have to lead a group of students in a sporting activity, this will comprise of a warm-up, skills development and a conditioned game.

There are 3 Learning Outcomes

A. Understand how different components of fitness are used in different physical activities.
B. Be able to participate in sport and understand the roles and responsibilities of officials.
C. Demonstrate ways to improve participants' sporting techniques.

Component 3 (Controlled Assessment) 40% of Final Grade

Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

Learners will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing.

The exam will be made up of:

- Multiple choice questions
- Short answer questions
- Matching
- Long-Answer questions

Learning Outcomes

A. Explore the importance of fitness for sports performance.
B. Investigate fitness testing to determine fitness levels.
C. Investigate different fitness training methods.
D. Investigate fitness programming to improve fitness and sports performance.

Support

- Purchase a revision guide.
  - Provides clear notes, with some useful pointers on how to approach the assessments
- Encourage them to play a sport outside of school or join a club in school
  - Develop skills/ tactics and knowledge of the activity
- Ask them to teach you a skill in their sport:
  - Demonstration/ teaching points in their leadership are key

Support

- Encourage them to watch their sport on TV/ You tube.
  - Stop the game and get them to explain the rule or the roles of the official
- Component 3 content
  - keep recapping the content. This should be at regular intervals. Assist them in their revision techniques. Avoid just reading notes

Further support

Do have regular conversations surrounding the content of the course

- i.e. what is meant by sports provision? How might your family influence the choice of sport you play?

- Don’t let them give you one-word answers.
- Make them explain what it means and give you examples.
- Do be supportive if they are unsure and don’t know.
- Try not to give them the answer but guide them to what it might be.

the LatimerArts College

Thank you for attending this evening

PLEASE FEEL FREE TO TAKE A HANDOUT

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