

# Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b> £2.05	CHICKEN BURGER	SAUSAGE & MASH	ROAST CHICKEN	LASAGNE	BATTERED FISH OR FISH FINGERS WITH PEAS & TARTAR SAUCE
	<b>ALL SERVED WITH SEASONAL VEGETABLES &amp; POTATO OR RICE DISH OF THE DAY</b>				
<b>PLANT BASED / VEGETARIAN</b> £2.05	STUFFED PEPPER WITH SAVOURY RICE	VEGGIE SAUSAGE & MASH	ROAST QUORN	VEGGIE LASAGNE	CHEESE & ONION CRUSTLESS QUICHE
	<b>ALL SERVED WITH SEASONAL VEGETABLES &amp; POTATO OR RICE DISH OF THE DAY</b>				
<b>STREET FOOD</b> FROM £1.75	CHEESE & HAM BAGEL OR PLAIN CHEESE BAGEL	BBQ SAUSAGE WRAPS OR VEGGIE PIZZA WRAPS	CHEESE & HAM BAGEL OR PLAIN CHEESE BAGEL	BBQ CHICKEN WRAPS OR VEGGIE PIZZA WRAPS	BBQ SAUSAGE WRAPS OR VEGGIE PIZZA WRAPS
<b>TAKEAWAY TUBS</b> FROM £1.20	MEATBALLS ITALIANO	BBQ CHICKEN WINGS	CHICKEN ALFREDO	VEGGIE NOODLES	BBQ CHICKEN WINGS
	PENNE ARRABIATA	TOMATO PASTA OR MAC 'N' CHEESE	SPAGHETTI POMODORO	TOMATO PASTA OR MAC 'N' CHEESE	PASTA BRAVAS
<b>PIZZA SLICE</b> FROM £1.40	MARGHERITA OR PEPPERONI	MOZARELLA & PINEAPPLE OR HAWAIIAN	MARGHERITA OR SPICY CHICKEN	MOZARELLA & MIXED PEPPERS OR HAM	MARGHERITA OR BBQ CHICKEN
<b>JACKETS</b> £1.00	<b>TRY OUR DELICIOUS FILLINGS FOR 60p EACH</b>				
<b>DESSERTS</b> £1.00	PANCAKES WITH TOFFEE SAUCE	TREACLE SPONGE WITH ICE CREAM	LARGE COOKIE	SELECTION OF MUFFINS	SELECTION OF CAKES OR COOKIES

## Meal Deal

Main Meal  
With Vegetables  
And Dessert



+



+



## £2.40

All Of Our Main Meals,  
Sandwiches & Desserts Are  
Freshly Made On Site Every Day