

The Latimer Arts College Curriculum Year Overview

Subject: BTEC Sport

| | Year 9 | Year 10 | Year 11 | Year 12 | Year 13 |
|---------------|---|---|---|--|---|
| Term 1 | Understanding the role of a Sports Development Officer Practical lessons-Disability, age and Social class barriers | Unit 1: Preparing Participants to Take Part in Sport and Physical Activity | Unit 2: Taking Part and Improving Other Participants Sporting Performance | 3 Professional Development in The Sports Industry 2 Fitness Training and Programming For Health, Sport And Well Being | 6 Sports Psychology 1 Anatomy and Physiology |
| Term 2 | Understanding the role of a Strength and Conditioning Coach Practical lessons- Warm-Up and Cool downs | Unit 1: Preparing Participants to Take Part in Sport and Physical Activity | Unit 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity | 3 Professional Development in The Sports Industry 2 Fitness Training and Programming For Health, Sport And Well Being | 6 Sports Psychology 1 Anatomy and Physiology |
| Term 3 | Understanding the role of a Sports Designer Practical lessons- Use of different sports equipment and technology | Unit 1: Preparing Participants to Take Part in Sport and Physical Activity | Unit 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity | 3 Professional Development in The Sports Industry 2 Fitness Training And Programming For Health, Sport And Well Being | 6 Sports Psychology 1 Anatomy and Physiology |
| Term 4 | Understanding the role of a P.E teacher Practical lessons- Skills, techniques and tactics | Unit 2: Taking Part and Improving Other Participants Sporting Performance | Unit 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity | 3 Professional Development in The Sports Industry 2 Fitness Training And Programming For Health, Sport And Well Being | 6 Sports Psychology 1 Anatomy and Physiology |
| Term 5 | Understanding the role of a Sports Official Practical lessons- Officiating live sport | Unit 2: Taking Part and Improving Other Participants Sporting Performance roles and responsibilities of officials | Unit 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity ASSESSMENT | 3 Professional Development in The Sports Industry 2 Fitness Training And Programming For Health, Sport And Well Being | 6 Sports Psychology 1 Anatomy and Physiology Assessment |
| Term 6 | Understanding the role of a Personal Trainer Practical lessons- Fitness Testing | Unit 2: Taking Part and Improving Other Participants Sporting Performance | | 1 Anatomy and Physiology 6 Sports Psychology | |