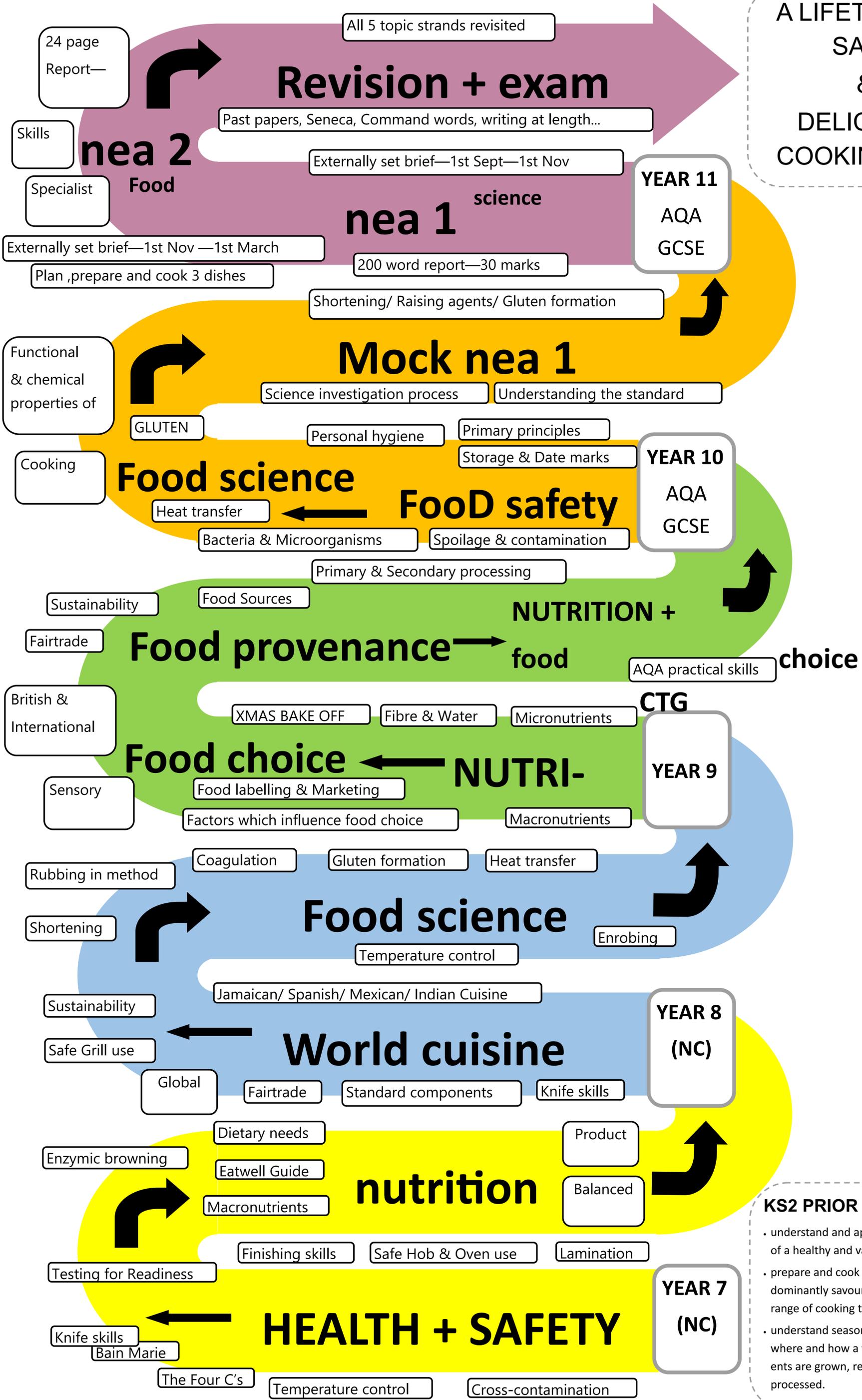


A LIFETIME OF
SAFE
&
DELICIOUS
COOKING AND



KS2 PRIOR LEARNING:

- understand and apply the principles of a healthy and varied diet ☑
- prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques ☑
- understand seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed.