



## Year 7

## South Asian Dance

## 7 Lessons

**Aims:** This unit of work is designed to introduce students to a variety of South Asian dance styles.

- 3.1.2 Performance of key stylistic features (Physical skills/Technical skills)
- 3.2 Choreography (Action content/Relationship content/ Spatial Content/ Structuring Devices)
- 3.3.1 Knowledge of stylistic features of different South Asian Dance styles

Key Skills	Literacy Links:	Numeracy Links:
<ul style="list-style-type: none"> <li>• To demonstrate key movements accurately.</li> <li>• To develop &amp; demonstrate skills in choice of action, space and relationships.</li> <li>• To develop an understanding of stylistic features for different South Asian dance styles</li> </ul>	<p><b>Key Words:</b>  <b>Accuracy, control, rhythm, focus, mudra, tatkar, natya, nritta, formations</b>            Be able to read and understand information and instructions, then use this understanding to act appropriately.</p>	<p>Opportunity to use analytical and reasoning skills needed to draw conclusions. Justify how these conclusions are reached and identify errors or inconsistencies.            To experiment with the number of dancers to create interesting formations</p>
Assessment	Cross-Curricular Links	
<p><b>Choreography:</b></p> <ul style="list-style-type: none"> <li>• Students will be assessed throughout the unit on their ability to link key stylistic features/ movement ideas from different South Asian dance styles in a creative and imaginative way. (Formative).</li> </ul> <p><b>Performance:</b></p> <ul style="list-style-type: none"> <li>• Students should be able to demonstrate reproduce key movements accurately and with control and rhythm. (Summative).</li> </ul> <p><b>Appreciation:</b></p> <ul style="list-style-type: none"> <li>• Students will be assessed on knowledge of key characteristic features of each style in the form of a written word sort test. (Summative).</li> </ul>	<ul style="list-style-type: none"> <li>• RS – developing knowledge of other religions/ cultures</li> </ul>	
	<b>SMSC opportunities and British values</b>	
	<ul style="list-style-type: none"> <li>• Respecting and celebrating other cultures</li> </ul>	

### Opportunities for further learning

Homework is not set for Dance in Year 7. However, students will always be encouraged to rehearse outside of the lesson and the following tasks can be used to aid this. These tasks can also be used as extension tasks and off practical tasks for example.

**Option 1: Comprehension** Students to create a poster to show the key stylistic features of each dance style (information to be given throughout the lesson).

**Option 2: Notation** Students to use the hand gestures picture cards and select a variety of images. Students then consider how these images could be used to notate a dance/ write a story.

**Option 3: E-learning** Students to research the origins of each dance style to create some contextual information.

### Unit Outline

## Lesson 1

### Resources: Lesson 1 power point, sticks, body part dice

*LO: to have an understanding of Stomp and to be able to experiment with different rhythms*

- Emphasise importance of health and safety when using a prop
- Power point- introduction to Stomp and simple rhythms.
- GROUP – circle warm up demonstrating simple rhythms. Start with clapping only and progress to use different body parts and sticks.
- INDIVIDUAL- students to create a simple rhythm (rhythm 1) that can be repeated.
- INDIVIDUAL- using the same rhythm develop by incorporating different body parts/ levels/ sticks
- Performance/ Appreciation – peer assessment & sharing ideas.
- Test student's knowledge of what they have learnt during the lesson.

*Non- participants: depending on injury, students should be able to participate with some of the rhythms during the lesson. Chairs could also be used. Opportunity for further learning.*

## Lesson 2

## Lesson 3

## Lesson 4

## Lesson 5

## Lesson 6

Depending on the amount of lessons that are available, lessons 5 and 6 could be combined.