

# Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b> £2.43	CHICKEN TIKKA WITH RICE	BEEF LASAGNE	ROAST CHICKEN WITH VEGETABLES, POTATOES & GRAVY	THEOS CHICKEN WRAPS WITH SALAD	BREADED FISH CAKES WITH PEAS & CHIPS
<b>PLANT BASED MAIN MEAL / VEGETARIAN</b> £2.43	VEGETABLE TIKKA WITH RICE (V)	VEGETABLE LASAGNE (V)	VEGETABLE STIR FRIED NOODLES (V)	MAC 'N' CHEESE (V)	CHEESE PIZZA & CHIPS (V)
<b>STREET FOOD FROM £1.50</b>	CHICKEN IN A FLAT BREAD	CHICKEN SUB WITH CHEESE	CHICKEN GYROS	HOT CHICKEN SUB WITH SWEET CHILLI SAUCE	CHEESY CHIPS (V)
<b>TAKEAWAY TUBS</b> £2.43	PENNE ARRABIATA (V)	MAC 'N' CHEESE (V)	PASTA POMODORO	MAC 'N' CHEESE (V)	PASTA POMODORO
<b>PIZZA SLICE FROM £1.66</b>	MARGHERITA (V) PEPPERONI	MARGHERITA (V) HAWAIIAN	MARGHERITA (V) PEPPERONI	MARGHERITA (V) BBQ CHICKEN	MARGHERITA (V) PEPPERONI
<b>JACKETS</b>	TRY OUR DELICIOUS FILLINGS FOR 72P EACH				
<b>DESSERTS FROM £1.20</b>	TREACLE SPONGE & CUSTARD	GINGER SHORTBREAD	CHEESECAKE	JAM SPONGE WITH CUSTARD	SELECTION OF TRAYBAKES

## Meal Deal

Main Meal with Vegetables, Dessert & Small Bottle of Water



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## £3.03

All of our Main Meals, Sandwiches & Desserts are Freshly Made on Site Every Day