

# Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b> £2.43	BEEF BURGER WITH WEDGES & BEANS	PASTA BOLOGNAISE	ROASTED GAMMON WITH SEASONAL VEG & POTATO	THEOS CHICKEN WRAPS WITH SALAD	BREADED FISH, CHIPS WITH PEAS
<b>PLANT BASED MAIN MEAL / VEGETARIAN</b> £2.43	VEGETABLE BURGER WITH WEDGES & BEANS	PASTA POMODORO	BROCCOLI PASTA BAKE	MAC 'N' CHEESE (V)	VEGETARIAN SAUSAGE WITH CHIPS & PEAS
<b>STREET FOOD FROM</b> £1.50	CHINESE CHICKEN WRAP & 'SLAW	SWEET CHILLI CHICKEN HOT BAGUETTE	CHICKEN GYRO PITTAS WITH PEPPERS	BBQ CHICKEN HOT BAGUETTE WITH CHEESE	FISH FINGER HOT BAGUETTES
<b>TAKEAWAY TUBS</b> £2.43	PENNE ARRABIATA	CHICKEN WINGS	PASTA POMODORO	MAC 'N' CHEESE (V)	CHICKEN WINGS
<b>PIZZA SLICE FROM</b> £1.66	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)
	PEPPERONI	HAWAIIAN	PEPPERONI	BBQ CHICKEN	PEPPERONI
<b>JACKETS</b>	TRY OUR DELICIOUS FILLINGS FOR 72P EACH				
<b>DESSERTS FROM</b> £1.20	APPLE CRUMBLE & CUSTARD	BAKEWELL TART & CUSTARD	BROWNIE	GOLDEN SPONGE	SELECTION OF TRAYBAKES

## Meal Deal

Main Meal with Vegetables, Dessert & Small Bottle of Water



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## £3.03

All of our Main Meals, Sandwiches & Desserts are Freshly Made on Site Every Day