



Year 8 Striking and Fielding Activities

6 Lessons

Stage	Description
Emerging	<p>Isolated practices.</p> <p>Can throw and catch with some accuracy and demonstrate techniques of batting and bowling</p> <p>Can show some understanding of fielding technique and positioning.</p> <p>Tactical awareness is improving and response to situations has started to vary</p> <p>Can see the differences between their performances and others.</p> <p>Understands the need to warm up.</p>
Developing	<p>Conditioned games.</p> <p>Can throw underarm and overarm and catch with reasonable accuracy and demonstrate accuracy when batting and bowling.</p> <p>Can stop the ball using a long barrier and show awareness of different fielding roles (eg backstop /post player/bowler)</p> <p>Can begin to understand the importance of strategy and tactics and demonstrate knowledge in a game</p> <p>Able to compare their own and others work and see the differences so that they can improve their own performance</p>
Secure	<p>Small sided games.</p> <p>Can consistently replicate throwing and catching skills with control over varying distances.</p> <p>Are able to hit the ball with power, to score points and bowl with pace</p> <p>Are able to position myself appropriately to stop opposition scoring and demonstrate fielding tactics</p> <p>Can suggest ways to improve performances.</p> <p>Can conduct a suitable warm up for a small group.</p>
Excellence	<p>Small/Full sided games.</p> <p>Can consistently replicate high level skills with control and in response to opposition pressure. Take catches at different heights and angles and return the ball accurately</p> <p>Are able to hit the ball to exploit gaps in the field and bowl with spin and / or disguise</p> <p>Able to demonstrate a high level of tactical awareness and can respond to changing situations by changing and refining their skills and techniques.</p> <p>Can devise ways to improve performances.</p> <p>Can lead a suitable warm up for a larger group</p>